

Cultural Care Au Pair offers

training you can trust.

Let's face it: leaving your child in the hands of someone new isn't easy. You want to know that your au pair is someone who is fully prepared to provide loving care for your children.

At Cultural Care Au Pair, preparation begins before your au pair even arrives in the U.S. Au pair candidates are thoroughly evaluated to ensure they have the right experience, language skills and motivation for choosing to take on such a big responsibility.

Once au pairs arrive in the U.S., they spend four days at our one-of-a-kind Cultural Care Au Pair Training School, on the campus of St. John's University in New York. The unique training curriculum, developed in conjunction with the Children's Foundation, is taught by experienced teachers and covers everything your au pair needs to know to be prepared for the year ahead.

And to ensure au pairs continue to keep current on important safety issues, our continuing education program provides au pairs with the latest in safety measures and injury prevention via ongoing seminars throughout the year.

It's training that never ends for them—and peace of mind that never ends for you.

Topics covered at the Training School and throughout the year include:

- First Aid**
- Household Safety**
- Emergency Procedures**
- Childhood Illnesses**
- Child Nutrition**
- Building Self-Esteem**
- Water & Playground Safety**
- Fire Prevention**
- Household Poisoning Prevention**
- Bicycle Safety**
- Sports Injury Prevention**
- Driving Safety**



To meet Cultural Care Au Pair staff who are committed to preparing and training au pairs throughout their exchange year, please visit us online: culturalcare.com.

Cultural Care au pair Izabela is a great role model for the Rohm children.



"My husband and I sincerely appreciate the calmness and level-headed decisions our au pair made in the case of an emergency involving our son. We truly believe the training she received from the Au Pair Training School and our LCC Regina Quimby's constant safety messages made a difference in how Izabela handled this situation. She also set an amazing example for our two older children that will last a lifetime."

*Kim Rohm
Cultural Care Au Pair host mom
to Izabela from Poland*

What sets our preparation and training apart?

Before your au pair arrives:

- A rigorous recruitment process that ensures we select only the most carefully-screened and qualified candidates (less than 30% of applicants)
- Pre-departure training including information on American culture, family life, safety precautions and age-appropriate activities
- A pre-departure childcare unit to be completed by au pairs before arrival to the Training School

After your au pair arrives:

- A four day, one-of-a-kind training program at the Cultural Care Au Pair Training School upon arrival to the United States
- A continuing education program offering on-going safety and injury-prevention seminars

To learn more about how our unique childcare and cultural exchange program can benefit your family, contact us today.
1-800-333-6056
culturalcare.com

“My job as a teacher enables me to help au pairs see the gift they can be to host families in this country. My goal is to make them aware of the tremendous impact they will have on their host children during their exchange year. As a role model, au pairs have the opportunity to shape their lives in a positive way. Inevitably, they end up leaving the school feeling ready to fulfill that challenge.”

Lina Camilleri
Teacher, Cultural Care Au Pair Training School
St. John's University, New York



To find out more
call us at
1-800-333-6056
or visit
culturalcare.com



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SUPERIOR TRAINING



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For your peace of mind.